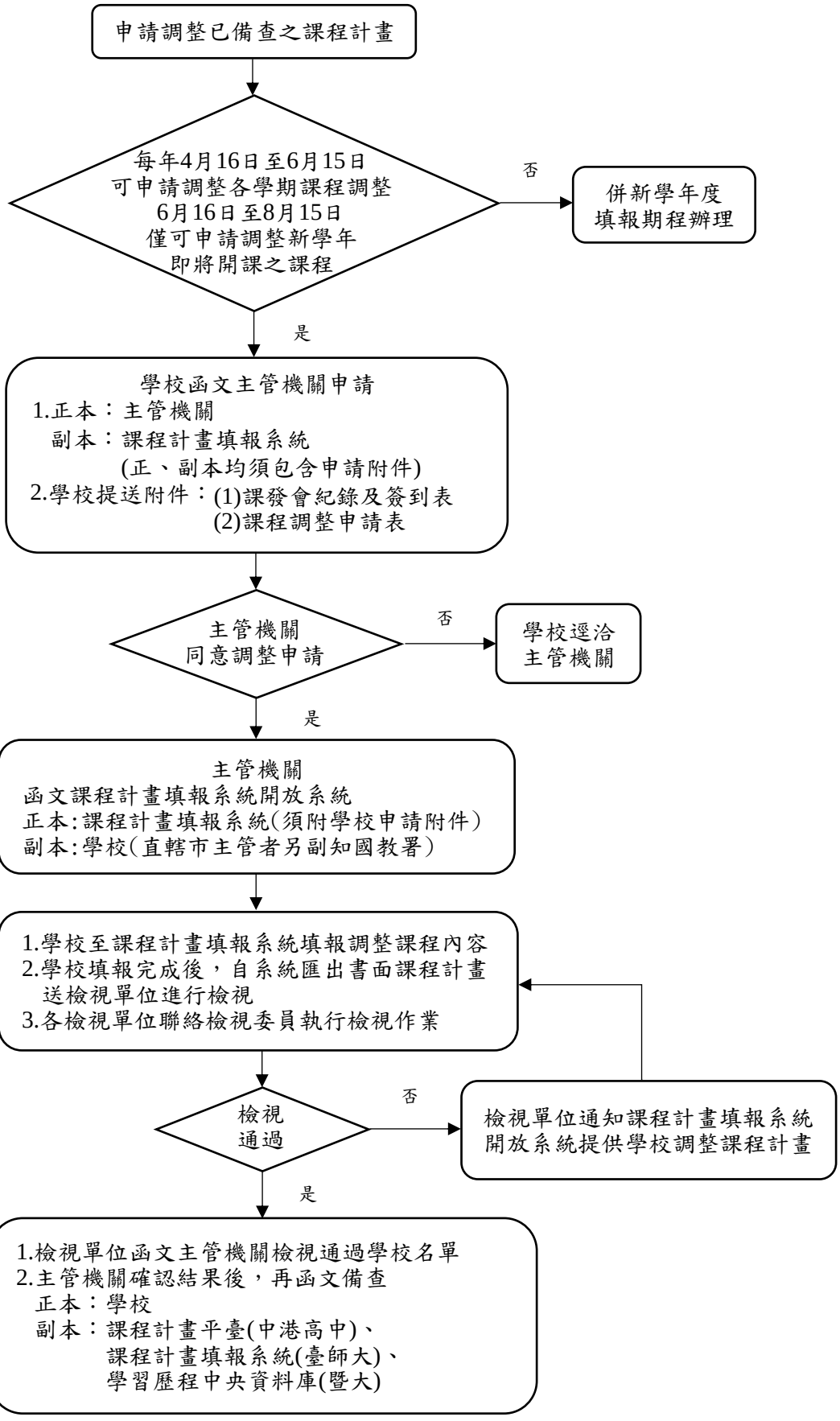高級中等學校建教合作班已備查課程計畫申請調整作業流程圖